



# Mindy Stevenson

Occupational Therapist

## Details

### Address

1515 Pacific Ave  
Los Angeles, CA 90291  
United States

### Phone

3868683442

### Email

email@email.com

### Place of birth

San Antonio

### Driving license

Full

## Links

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## Skills

Individualized Planning



Neuromuscular Knowledge



Augmentative and Alternative Communication



Acute Rehabilitation



Stress and Pain Management



## Hobbies

Debating, Violin, Poetry

## Languages

English



French



Spanish



## Profile

*Empathetic and patient-centered occupational therapist with 5+ years of professional experience. Excited to join Kagen Health to assist its patients to recuperate from injury, recover skills, and avoid disability. Supervised 4 OT assistants and designed more than 200 tailored care plans for patients.*

## Employment History

### Occupational Therapist, Health Systems

Jan 2019 – Jul 2021 Brooklyn Park

*Organized and applied individually designed OT treatment programs for maintaining, improving, or restoring function to all ADLs and IADLs.*

- Managed ADL/ IADL activities, therapeutic exercises, as well as cognitive retraining, and motion treatment to better the patients' quality of life.
- Supervised the patients' physiological responses and vital signs to OT treatment sessions and collaborated with the multidisciplinary team members regarding these findings.
- Trained patients, their families, and caregivers regarding their treatment practices to improve their outcomes and increase rates of carrying through with the treatment plan.
- Worked together with interdisciplinary teams and facility managers to provide prime patient experiences and meet patients' needs.
- Observed and evaluated treatment effects at different stages as to adjust treatments where necessary and accomplish maximum benefit.

### Occupational Therapists, BK Therapists

Jan 2017 – Dec 2019 Newburn

*Applied care plans in a compassionate manner. Spoke to patients concerning the condition, their progress, and goals for every treatment session.*

- Assessed patients according to the MD orders and designed tailored care plans (which included short-and long-term goals to assist rehabilitation of patients).
- Recorded treatment sessions and patient responses. Any changing needs of the patient were communicated to physicians.
- Applied emergency and safety techniques whenever needed, including CPR, requesting assistance, and stabilizing equipment.

## Education

### St. Louis University, MSc in Occupational Therapy

Jul 2021 – Present Louisville

Major Subjects:

- Exercise Physiology
- Exercise Science
- Patient Assessment
- Treatment Techniques

### ABC University, Bachelor of Science

Jan 2019 – Jul 2021 Binka

- GPA: 3.9
- Major: Biology

- Graduated Summa Cum Laude

## Accomplishments

- Organized and managed specialized OT treatment plans of 60+ patients.
- Oversaw and organized training for 7 Occupational Therapist Assistants.
- Designed and conducted individual plans of care for 25+ adult patients between the ages of 17- 67.
- Began the research, designing, and equipment setup of the practice's first sensory gym, which was completed three months ahead of schedule.