

## **Profile**

Enthusiastic Swimming Coach with a profound ability to teach proper swimming techniques to special needs kids. Immense ability to work with beginner as well as advanced students by executing expert teaching methods. Comprehensive knowledge of safety rules and precautions of swimming pools. Exceptionally adept in organizing and instructing water safety and swim classes for individuals or large groups.

# **Employment History**

#### Swimming Instructor, Planet Gymnation, Miami

JANUARY 2018 - DECEMBER 2020

Promoted to lead the premier summer league program of the Man Of' War Swim Conference (MOWSC) of approximately 300 participants ranging in age 5-18

- Assisting more experienced swimmers to enhance their swimming skills.
- Assessing students' progress and adjusting teaching programs accordingly.
- Supervising students to prevent accidents and injuries.
- Planning swimming groups and lessons that take into account students' abilities, goals, and progressive development.
- Identifying incorrect swimming techniques and coaching students accordingly.
- Ensuring that the swimming pool area and locker rooms are kept clean and neat.
- Manage personal money transactions with parents and maintain bookkeeping.
- Champion open communication between parents and upper management, receiving positive feedback on parent-student relationships, and achieving lesson-based goals.
- Plan, coordinate, and teach learn-to-swim and water safety courses.
- Train to perform CPR along with first aid as necessary.

#### Swimming Instructor, Florida Municipal Pool, Miami

JANUARY 2015 - DECEMBER 2017

Analyzed the competition and strategy; created workout plans, scrutinized competition's event profiles in Team Manager and Meet Manager; completed with a season record of eight wins and two losses.

- Adhere to NCAA rules and regulations regarding prospective student-athletes when recruiting.
- Train in all areas of health safety such as CPR, WSI, and first aid assistance.
- Provide explicit, safe instruction using recognizable leadership skills.
- Design and implement a learn-to-swim program for ages 2-25.
- Help out with general upkeep of the pool and obtain WSI certification
- Attend and apply NCAA rules and compliance requirements-completion of the annual recruiting test.
- Facilitate students in social skills and peer groups based on students' IEP goals.
- Maintain on-site alertness to respond to incidents and provide immediate
  first-aid care
- Demonstrate the use of aids such as kickboards, diving rings, lifejackets for example

#### **Details**

1515 Pacific Ave Los Angeles, CA 90291 United States 3868683442 email@email.com

DRIVING LICENSE

Full

San Antonio

#### Links

<u>Instagram</u>

<u>Facebook</u>

#### **Skills**

Communication

Physical conditioning

Swim instruction

Injury management

Pool maintenance

Depth Perception

Situational Awareness

Stress Tolerant

Energetic

Team Player

#### **Hobbies**

Triathlons, Biathlons, Mountain Biking

### Languages

English

French

#### Swimming Instructor, H2O Swimming School, Jacksonville

JANUARY 2013 - DECEMBER 2015

Team accomplishments: Lead teams to 2nd place finishes in conference championships, 12 MOWSC records

- Display patience and understanding to students, explaining concepts in multiple ways to not exclude any swimmers.
- Start with teaching students floating, kicking, freestyle, correct breathing, and stroke technique such as backstroke, butterfly, and breaststroke.
- Train and supervise lifeguards in daily operations
- Assist management with organizing and supervising fellow swim instructors and lifeguards whenever needed
- Soft skills such as patience, work with multiple people and personalities at once, quick thinking, and problem-solving
- Quick response time in crises
- Require attention to safety and CPR certification.

# Education

Current M.S in Physical Education, St.Louis University, Louisville

DECEMBER 2020 - PRESENT

B.S in Exercise Sciences, Wisconsin State University, Madison

JANUARY 2017 - JANUARY 2020

## Courses

Head Swimming Instructor Accreditation, Starfish Aquatics Institute, Orlando, FL

DECEMBER 2020 - DECEMBER 2020

Red Cross CPR and AED First Aid Certification, American Red Cross, Richmond, VA

JANUARY 2018 - JULY 2018