

# Michael Green



## Swimming Instructor

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## 01 PROFILE

*Enthusiastic Swimming Coach with a profound ability to teach proper swimming techniques to special needs kids. Immense ability to work with beginner as well as advanced students by executing expert teaching methods. Comprehensive knowledge of safety rules and precautions of swimming pools. Exceptionally adept in organizing and instructing water safety and swim classes for individuals or large groups.*

## 02 EMPLOYMENT HISTORY

01/2018 — 12/2020

### Swimming Instructor at Planet Gymnation

Miami

*Promoted to lead the premier summer league program of the Man Of War Swim Conference (MOWSC) of approximately 300 participants ranging in age 5-18*

- Assisting more experienced swimmers to enhance their swimming skills.
- Assessing students' progress and adjusting teaching programs accordingly.
- Supervising students to prevent accidents and injuries.
- Planning swimming groups and lessons that take into account students' abilities, goals, and progressive development.
- Identifying incorrect swimming techniques and coaching students accordingly.
- Ensuring that the swimming pool area and locker rooms are kept clean and neat.
- Manage personal money transactions with parents and maintain bookkeeping.
- Champion open communication between parents and upper management, receiving positive feedback on parent-student relationships, and achieving lesson-based goals.
- Plan, coordinate, and teach learn-to-swim and water safety courses.
- Train to perform CPR along with first aid as necessary.

01/2015 — 12/2017

### Swimming Instructor at Florida Municipal Pool

Miami

*Analyzed the competition and strategy; created workout plans, scrutinized competition's event profiles in Team Manager and Meet Manager; completed with a season record of eight wins and two losses.*

- Adhere to NCAA rules and regulations regarding prospective student-athletes when recruiting.
- Train in all areas of health safety such as CPR, WSI, and first aid assistance.
- Provide explicit, safe instruction using recognizable leadership skills.

- Design and implement a learn-to-swim program for ages 2-25.
- Help out with general upkeep of the pool and obtain WSI certification
- Attend and apply NCAA rules and compliance requirements-completion of the annual recruiting test.
- Facilitate students in social skills and peer groups based on students' IEP goals.
- Maintain on-site alertness to respond to incidents and provide immediate first-aid care.
- Demonstrate the use of aids such as kickboards, diving rings, lifejackets for example

01/2013 — 12/2015

## Swimming Instructor at H2O Swimming School

Jacksonville

*Team accomplishments: Lead teams to 2nd place finishes in conference championships, 12 MOWSC records*

- Display patience and understanding to students, explaining concepts in multiple ways to not exclude any swimmers.
- Start with teaching students floating, kicking, freestyle, correct breathing, and stroke technique such as backstroke, butterfly, and breaststroke.
- Train and supervise lifeguards in daily operations
- Assist management with organizing and supervising fellow swim instructors and lifeguards whenever needed
- Soft skills such as patience, work with multiple people and personalities at once, quick thinking, and problem-solving
- Quick response time in crises
- Require attention to safety and CPR certification.

## 03 EDUCATION

Dec 2020 — Present

### St.Louis University

Louisville

Current M.S in Physical Education

Jan 2017 — Jan 2020

### Wisconsin State University

Madison

B.S in Exercise Sciences

## 04 SKILLS

Communication

Depth Perception

Physical conditioning

Situational Awareness

Swim instruction

Stress Tolerant

Injury management

Energetic

Pool maintenance

Team Player

## 05 HOBBIES

Triathlons, Biathlons, Mountain Biking

## 06 LANGUAGES

English



French



## **07 COURSES**

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Dec 2020 — Dec 2020

**Head Swimming Instructor Accreditation at Starfish  
Aquatics Institute, Orlando, FL**

Jan 2018 — Jul 2018

**Red Cross CPR and AED First Aid Certification at  
American Red Cross, Richmond, VA**