



# Katherine Patterson

Nurse Midwife

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Twitter

## Place of birth

San Antonio

## Nationality

American

## Driving license

Full

## Skills

Health Care Provision

Women's health exams

Family planning services

Monitoring the labor process

Disease Prevention

Prescribe Medications

Disease Prevention

Health Education

## Languages

English

Dutch; Flemish

## Hobbies

Trail Running, Surfing,  
Mountain Biking

## Profile

*Registered Nurse Midwife experienced in patient care delivery as part of an obstetrics and gynecology healthcare provider team. Works well in a hospital setting as part of the provision of quality antepartum, intrapartum, and postpartum care. Understanding of professional and corporate cultural issues associated with integrating Midwifery into traditional settings. Organized, dedicated, and competent, having over seven years of experience in providing quality care and support to pregnant women throughout the pregnancy and childbirth cycle. Possess extensive knowledge of labor and postpartum care and handle the costs of maternity care to ensure appropriate and proper services are provided to all patients.*

## Employment History

### Nurse Midwife, Femmes Clinic, Jacksonville

January 2017 – October 2020

*Improved support service and overall quality standards of the facility by 30%.*

- Running STD and other tests on new, prospective, and expecting parents.
- Providing the proper training and education on breastfeeding
- Educating new parents on infant care and issues such as SIDS and colic
- Preparing mothers for the birth of their children and providing them with counselling on issues such as anaesthesia and how to handle complications
- Performing regular examinations before and after birth
- Staying with the mother, and coaching her during the labor and delivery process
- Keeping an eye out for complications that will require medical intervention
- Providing care for mothers and infants, postpartum
- Provide care and management of regular labor patients, including delivery; requiring twenty-four-hour Midwifery coverage
- Provide care and management of patients after a natural birth and operative birth
- Make clinical decisions and developing women's health care plans
- Providing evidence-based obstetric care such as ordering and evaluating diagnostic tests and managing minor complications to pregnant women.
- Collect and assess clinic care data, develop and implement plans to manage and evaluate care outcomes
- Perform comprehensive physical exams to determine normal and abnormal health states

## **Nurse Midwife, St Mary's Hospital, Orlando**

October 2015 – March 2017

*Designed and spearheaded the implementation of a new patient care plan, increasing patient confidence by 30%.*

- Initiate and collaborate in performing clinical research projects like retrospective and prospective study registries
- Follows the safety and health measures as prescribed
- Provide psychosocial support to patients and their family
- Provide patients with clear information that results in the informed consent
- Provide care to obstetrical and gynecological patients in correlation with Midwifery protocols
- Incorporate health promotion and protection and injury prevention measures into the care plan within the context of the foetal and patient condition
- Obstetrical Care
- Examining, monitoring, and diagnosing women during pregnancy

## **Education**

### **Master of Science in Nursing, University of Miami Miller School of Medicine, Miami**

January 2018 – October 2020

### **Acute Care Nursing Practitioner, Grand Canyon University, Springfield**

October 2018 – August 2018

- Subjects: Health Care Quality, Patient Safety, Health Informatics, Nursing Education, Nurse Leadership, and Public Health Nursing

### **Bachelor's Degree in Nursing, Joliet University, Chicago**

October 2013 – February 2015

## **Courses**

### **Certified Midwife, American Midwifery Certification Board, Miami FL**

October 2020 – October 2020

### **Advanced Practice Nursing Certificate, American Midwifery Certification Board, Miami, FL**

January 2019 – January 2020