

KATHERINE O'NEILL

Assistant Chef

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Place of birth *San Antonio* Driving license *Full*
Nationality *American*

LINKS

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PROFILE

Experienced Assistant Chef with many years of experience in creating culinary masterpieces a high-paced setting. Superb knowledge of numerous culinary techniques, applications, food products and kitchen equipment. Exceptionally skilled in managing all of the daily operations of the kitchen and ensuring the prompt and quality execution of all menu. Currently in pursuit of the Chef Cordon Bleu qualification.

EMPLOYMENT HISTORY

❖ **Assistant Chef, Mazaars Indian Emporium** Jan 2018 — Sep 2020
Jackson

Executed menu items including complicated sauces, hors d'oeuvres and fine pastries for more than 280 special events and banquets in the last year

- Responsible for administration such as scheduling shifts, payroll, procurement and accounting.
- Responsible for all HR functions including recruiting, hiring, performance management and grievance procedures
- Assist the Executive Chef in managing kitchen operations, workflow and restaurant activities
- Monitor training and development of new kitchen staff
- Create new recipes for sauces, meat and poultry dishes
- Oversee the execution of dishes and inspect all items before they get served

❖ **Assistant Chef, McMillans Boutique Eatery** Jan 2015 — Dec 2017
Miami

Trained over 50 servers and coached more than 100 kitchen staff on restaurant procedures, guest service menu familiarity and culinary techniques

- Extensive involvement in digitizing of restaurant operations
- Responsible for overseeing sanitation and disinfection of kitchen and restaurant area
- Negotiate with local suppliers for better deals on food stuffs such as fruit, vegetables, meat and eggs
- Assist the Executive Chef by monitoring food and labor costs, diminish wastage and maintaining a green restaurant operation in terms of rep
- Assist Kitchen Staff with correct weighing and measuring of ingredients and executing the proper culinary techniques
- Use a rotation system from new kitchen staff so that everyone can get exposure to the different stations in a kitchen setting
- Implement and maintain policies and procedures regarding health, sanitation, safety and customer service protocols
- Also, assist with front of house management ensuring that serving workflow and clearing and cleaning of tables are conducted in the most unobtrusive manner
- Do daily reporting of stock levels to the restaurant owner and inspect delivery schedules for produce every week to ensure just in time availability
- Responsible for collaboration with Head Office to ensure menu items are reflective of the season and also various holidays or events happening in the region

- Coordinate kitchen operations for large buffet events where multiple courses are served
- Conduct a monthly pricing update to make sure that menu items remain profitable should supplier prices increase

EDUCATION

- ❖ **American Food and Beverage Association** Sep 2020 — Sep 2020
ServSafe Certified Online

- ❖ **Red Cross Academy** Jan 2020 — Mar 2020
First Aid/CPR Diploma Online

- ❖ **Ohio Northern University** Jan 2015 — Apr 2017
Bachelor's Degree in Culinary Arts Springfield

- ❖ **Wilson School for Culinary Arts** Jan 2013 — Apr 2014
Associate's Degree in Culinary Arts Parkland

SKILLS

- | | |
|---|--|
| Food Safety & Sanitation <i>Expert</i> | Cordon Bleu □ Sampling & Tasting <i>Expert</i> |
| Food Service Management <i>Expert</i> | Menu Design <i>Expert</i> |
| Inventory Rotation <i>Expert</i> | International Cooking Trends <i>Expert</i> |
| Ingredient Metrics & Weighting Techniques <i>Expert</i> | Recipe Creation and Execution <i>Expert</i> |

COURSES

- ❖ **Certificate Course in Adventure Cooking** Sep 2020 — Sep 2020
American Culinary Federation

- ❖ **Certified Chef de Cuisine** Jan 2019 — Sep 2020
Accredited by NCCA, Online

- ❖ **Certified Personal Chef** Jan 2017 — Aug 2017
United States Personal Chef Association, Online

LANGUAGES

- French *Native speaker* English *Highly proficient*

HOBBIES

Singing, Trail Running, Arts & Crafts