

Amber Heard

Staff Nurse



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NATIONALITY	American	DRIVING LICENSE	Full
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Profile

Staff Nurse RN with a Master's Degree in Pediatric Nursing and 12 years of experience gained in developing countries working at fields hospitals, rural clinics and community health centers. A real passion for children's well-being supported by exemplary skills in clinical patient care, from diagnosis to operative, to rehabilitation planning. Spearheaded a community awareness program to educate people regarding Malaria prevention. Fluent in four African Languages as well as French and German.

Employment History

Jan 2019 – Present

SEATTLE

Staff Nurse III

St John's Hospital

Acted as Charge Nurse evaluating staff requirements and patient care assignments for an 89-bed medical intensive care unit.

- Provide high-level nursing care to patients and monitor junior nurses during ward rounds
- Performs various diagnostic tests and administer medications
- Assist physician with procedures performed in the ward and participate in discussions for treatment plans
- Perform duties of theatre nurse such as laying out instruments, checking operating room equipment such as heart rate monitors and blood pressure machines
- Keep track of patient progress and post-op recovery and record vital signs such as blood pressure, heart rate, oxygen saturation and urine output
- Discharge patients upon physicians' approval
- Counsel and support family members of critically ill patients
- Promote patients' independence by educating them and their family members regarding self-care, medicine intake, and potential side effects
- Perform high-level administration and reporting tasks

Jan 2015 – Dec 2018

BROOKLYN

Staff Nurse II

Brooklyn Community Hospital

Provided responsive, compassionate, patient-centered care daily to the cardiac ward with a caseload of up to 80 patients per shift cycle.

- Provide professional nursing care to patients including moderately complex procedures such as inserting catheters and stents

- Check recordkeeping of junior nurses regarding patient's recovery and progress
- Perform basic diagnostic tests
- Prep patients for physician visits and lay out instruments and equipment to be used
- Update patient's medical records
- Discuss treatment plans with patient and family members
- Inform patient regarding medicine usage and expected side effects
- Perform complex administration and reporting tasks

Oct 2019 – Oct 2019

LANGLEY

Staff Nurse I

Virginia Military Rehab Center

Spearheaded the automation of admissions and discharge procedures which reduce processing time from 45 minutes to 15 minutes.

- Provides primary nursing care to patients like washing, taking blood pressure and feeding
- Assist patients with completing admission and discharging forms
- Accompany senior nurse on ward rounds
- Keep a record of medication administering frequencies
- Check IV's and blood pressure at predetermine frequencies
- Prep patients for theatre procedures
- Perform basic administration and reporting tasks

Education

Oct 2019 – Present

CHICAGO

Joliet University

Master of Science Degree in Nursing

Jan 2014 – Jun 2016

NEW PARKLAND

University of California

Bachelor of Applied Science in Nursing (RN)

Oct 2019 – Oct 2019

SEATTLE

American Nurses Association Programme, St John's Hospital
Licensed Practical Nurse (LPN)

Clinical Rotations: Pediatrics 100 hours, Obstetrics 90 hours, Cardio-thoracic 110 hours

Skills

Blood Administration	● ● ● ● ●	Quality Assurance and Process Improvement	● ● ● ● ●
Lab Testing	● ● ● ● ●	Nursing Leadership	● ● ● ● ●
IV Therapy	● ● ● ● ●	Rehabilitation	● ● ● ● ●
Observation	● ● ● ● ●	Surgery Preparation	● ● ● ● ●
Care Planning	● ● ● ● ●	Advanced Medical Technologies and Equipment	● ● ● ● ●
Infection Control	● ● ● ● ●	Patient Advocacy	● ● ● ● ●
Electronic Charting	● ● ● ● ●	Wound Irrigation	● ● ● ● ●

Courses

Jan 2018 – Jun 2018

Basic Life Support (BLS) for Healthcare Providers, American Heart Association

Mecosta Medical Center, Traverse City

Jan 2017 – Jan 2017

Progressive Care Certified Nurse (PCCN),
District of Columbia Nurses Association (DCNA)

Languages

English, French, German

