



# Amber Heard

Staff Nurse

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PLACE OF BIRTH San Antonio

DRIVING LICENSE Full

## 01 PROFILE

Staff Nurse RN with a Master's Degree in Pediatric Nursing and 12 years of experience gained in developing countries working at fields hospitals, rural clinics and community health centers. A real passion for children's well-being supported by exemplary skills in clinical patient care, from diagnosis to operative, to rehabilitation planning. Spearheaded a community awareness program to educate people regarding Malaria prevention. Fluent in four African Languages as well as French and German.

## 02 EMPLOYMENT HISTORY

Jan 2019 — Present  
Seattle

### Staff Nurse III at St John's Hospital

Acted as Charge Nurse evaluating staff requirements and patient care assignments for an 89-bed medical intensive care unit.

- Provide high-level nursing care to patients and monitor junior nurses during ward rounds
- Performs various diagnostic tests and administer medications
- Assist physician with procedures performed in the ward and participate in discussions for treatment plans
- Perform duties of theatre nurse such as laying out instruments, checking operating room equipment such as heart rate monitors and blood pressure machines
- Keep track of patient progress and post-op recovery and record vital signs such as blood pressure, heart rate, oxygen saturation and urine output
- Discharge patients upon physicians' approval
- Counsel and support family members of critically ill patients
- Promote patients' independence by educating them and their family members regarding self-care, medicine intake, and potential side effects
- Perform high-level administration and reporting tasks

Jan 2015 — Dec 2018  
Brooklyn

### Staff Nurse II at Brooklyn Community Hospital

*Provided responsive, compassionate, patient-centered care daily to the cardiac ward with a caseload of up to 80 patients per shift cycle.*

- Provide professional nursing care to patients including moderately complex procedures such as inserting catheters and stents
- Check recordkeeping of junior nurses regarding patient's recovery and progress
- Perform basic diagnostic tests
- Prep patients for physician visits and lay out instruments and equipment to be used
- Update patient's medical records
- Discuss treatment plans with patient and family members
- Inform patient regarding medicine usage and expected side effects
- Perform complex administration and reporting tasks

Oct 2019 — Oct 2019  
Langley

### Staff Nurse I at Virginia Military Rehab Center

*Spearheaded the automation of admissions and discharge procedures which reduce processing time from 45 minutes to 15 minutes.*

- Provides primary nursing care to patients like washing, taking blood pressure and feeding
- Assist patients with completing admission and discharging forms
- Accompany senior nurse on ward rounds
- Keep a record of medication administering frequencies
- Check IV's and blood pressure at predetermine frequencies
- Prep patients for theatre procedures
- Perform basic administration and reporting tasks

## 03 EDUCATION

Oct 2019 — Present  
Chicago

### Joliet University

Master of Science Degree in Nursing

Jan 2014 — Jun 2016  
New Parkland

### University of California

Bachelor of Applied Science in Nursing (RN)

Oct 2019 — Oct 2019  
Seattle

### American Nurses Association Programme, St John's Hospital

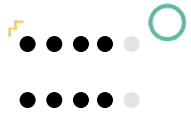
Licensed Practical Nurse (LPN)

Clinical Rotations: Pediatrics 100 hours, Obstetrics 90 hours, Cardio-thoracic 110 hours

## 04 SKILLS

Blood Administration	● ● ● ● ● ●	Quality Assurance and Process Improvement	● ● ● ● ● ●
Lab Testing	● ● ● ● ● ●	Nursing Leadership	● ● ● ● ● ●
IV Therapy	● ● ● ● ● ●	Rehabilitation	● ● ● ● ● ●
Observation	● ● ● ● ● ●	Surgery Preparation	● ● ● ● ● ●
Care Planning	● ● ● ● ● ●		● ● ● ● ● ●

Infection Control  
Electronic Charting



Advanced Medical  
Technologies and  
Equipment

Patient Advocacy



Wound Irrigation



## 05 COURSES

Jan 2018 — Jun 2018

**Basic Life Support (BLS) for Healthcare Providers, American Heart Association at Mecosta Medical Center, Traverse City**

Jan 2017 — Jan 2017

**Progressive Care Certified Nurse (PCCN), at District of Columbia Nurses Association (DCNA)**

## 06 LANGUAGES

English, French,  
German

