

AMBER HEARD

STAFF NURSE

INFO

ADDRESS

1515 Pacific Ave, Los Angeles, CA
90291, United States

PHONE

(541) 754-3010

EMAIL

email@email.com

PLACE OF BIRTH

San Antonio

DRIVING LICENSE

Full

NATIONALITY

American

LINKS

[LinkedIn](#)

[Twitter](#)

SKILLS

Blood Administration

● ● ● ● ○

Lab Testing

● ● ● ● ○

IV Therapy

● ● ● ● ○

Observation

● ● ● ● ○

Care Planning

● ● ● ● ○

Infection Control

● ● ● ● ○

Electronic Charting

● ● ● ● ○

Quality Assurance and
Process Improvement

● ● ● ● ○

Nursing Leadership

● ● ● ● ○

Rehabilitation

● ● ● ● ○

PROFILE

Staff Nurse RN with a Master's Degree in Pediatric Nursing and 12 years of experience gained in developing countries working at fields hospitals, rural clinics and community health centers. A real passion for children's well-being supported by exemplary skills in clinical patient care, from diagnosis to operative, to rehabilitation planning. Spearheaded a community awareness program to educate people regarding Malaria prevention. Fluent in four African Languages as well as French and German.

EMPLOYMENT HISTORY

Staff Nurse III, St John's Hospital

Seattle

Jan 2019 — Present

Acted as Charge Nurse evaluating staff requirements and patient care assignments for an 89-bed medical intensive care unit.

- Provide high-level nursing care to patients and monitor junior nurses during ward rounds
- Performs various diagnostic tests and administer medications
- Assist physician with procedures performed in the ward and participate in discussions for treatment plans
- Perform duties of theatre nurse such as laying out instruments, checking operating room equipment such as heart rate monitors and blood pressure machines
- Keep track of patient progress and post-op recovery and record vital signs such as blood pressure, heart rate, oxygen saturation and urine output
- Discharge patients upon physicians' approval
- Counsel and support family members of critically ill patients
- Promote patients' independence by educating them and their family members regarding self-care, medicine intake, and potential side effects
- Perform high-level administration and reporting tasks

Staff Nurse II, Brooklyn Community Hospital

Brooklyn

Jan 2015 — Dec 2018

Provided responsive, compassionate, patient-centered care daily to the cardiac ward with a caseload of up to 80 patients per shift cycle.

- Provide professional nursing care to patients including moderately complex procedures such as inserting catheters and stents
- Check recordkeeping of junior nurses regarding patient's recovery and progress
- Perform basic diagnostic tests
- Prep patients for physician visits and lay out instruments and equipment to be used
- Update patient's medical records
- Discuss treatment plans with patient and family members
- Inform patient regarding medicine usage and expected side effects
- Perform complex administration and reporting tasks

Surgery Preparation
● ● ● ● ○

Advanced Medical
Technologies and
Equipment
● ● ● ● ○

Patient Advocacy
● ● ● ● ○

Wound Irrigation
● ● ● ● ○

LANGUAGES

English, French, German
● ● ● ● ●

Staff Nurse I, Virginia Military Rehab Center

Langley

Oct 2019 — Oct 2019

Spearheaded the automation of admissions and discharge procedures which reduce processing time from 45 minutes to 15 minutes.

- Provides primary nursing care to patients like washing, taking blood pressure and feeding
- Assist patients with completing admission and discharging forms
- Accompany senior nurse on ward rounds
- Keep a record of medication administering frequencies
- Check IV's and blood pressure at predetermine frequencies
- Prep patients for theatre procedures
- Perform basic administration and reporting tasks

EDUCATION

Master of Science Degree in Nursing, Joliet University

Chicago

Oct 2019 — Present

Bachelor of Applied Science in Nursing (RN), University of California

New Parkland

Jan 2014 — Jun 2016

Licensed Practical Nurse (LPN), American Nurses Association Programme, St John's Hospital

Seattle

Oct 2019 — Oct 2019

Clinical Rotations: Pediatrics 100 hours, Obstetrics 90 hours, Cardio-thoracic 110 hours

COURSES

Basic Life Support (BLS) for Healthcare Providers, American Heart Association, Mecosta Medical Center, Traverse City

Jan 2018 — Jun 2018

Progressive Care Certified Nurse (PCCN), , District of Columbia Nurses Association (DCNA)

Jan 2017 — Jan 2017