

# AMBER HEARD

Staff Nurse

1515 Pacific Ave, Los Angeles, CA 90291, United States

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email@email.com

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Place of birth ..... *San Antonio*      Driving license ..... *Full*  
Nationality ..... *American*

## LINKS

*[Linkedin](#), [Twitter](#)*

## PROFILE

*Staff Nurse RN with a Master's Degree in Pediatric Nursing and 12 years of experience gained in developing countries working at fields hospitals, rural clinics and community health centers. A real passion for children's well-being supported by exemplary skills in clinical patient care, from diagnosis to operative, to rehabilitation planning. Spearheaded a community awareness program to educate people regarding Malaria prevention. Fluent in four African Languages as well as French and German.*

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## EMPLOYMENT HISTORY

❖ **Staff Nurse III, St John's Hospital** ..... Jan 2019 — Present  
Seattle

*Acted as Charge Nurse evaluating staff requirements and patient care assignments for an 89-bed medical intensive care unit.*

- Provide high-level nursing care to patients and monitor junior nurses during ward rounds
- Performs various diagnostic tests and administer medications
- Assist physician with procedures performed in the ward and participate in discussions for treatment plans
- Perform duties of theatre nurse such as laying out instruments, checking operating room equipment such as heart rate monitors and blood pressure machines
- Keep track of patient progress and post-op recovery and record vital signs such as blood pressure, heart rate, oxygen saturation and urine output
- Discharge patients upon physicians' approval
- Counsel and support family members of critically ill patients
- Promote patients' independence by educating them and their family members regarding self-care, medicine intake, and potential side effects
- Perform high-level administration and reporting tasks

❖ **Staff Nurse II, Brooklyn Community Hospital** ..... Jan 2015 — Dec 2018  
Brooklyn

*Provided responsive, compassionate, patient-centered care daily to the cardiac ward with a caseload of up to 80 patients per shift cycle.*

- Provide professional nursing care to patients including moderately complex procedures such as inserting catheters and stents
- Check recordkeeping of junior nurses regarding patient's recovery and progress
- Perform basic diagnostic tests
- Prep patients for physician visits and lay out instruments and equipment to be used
- Update patient's medical records
- Discuss treatment plans with patient and family members
- Inform patient regarding medicine usage and expected side effects
- Perform complex administration and reporting tasks

❖ **Staff Nurse I, Virginia Military Rehab Center** ..... Oct 2019 — Oct 2019  
Langley

*Spearheaded the automation of admissions and discharge procedures which reduce processing time from 45 minutes to 15 minutes.*

- Provides primary nursing care to patients like washing, taking blood pressure and feeding
- Assist patients with completing admission and discharging forms
- Accompany senior nurse on ward rounds
- Keep a record of medication administering frequencies
- Check IV's and blood pressure at predetermine frequencies
- Prep patients for theatre procedures
- Perform basic administration and reporting tasks

## EDUCATION

❖ **Joliet University** ..... Oct 2019 — Present  
Chicago  
*Master of Science Degree in Nursing*

❖ **University of California** ..... Jan 2014 — Jun 2016  
New Parkland  
*Bachelor of Applied Science in Nursing (RN)*

❖ **American Nurses Association Programme, St John's Hospital** ..... Oct 2019 — Oct 2019  
Seattle  
*Licensed Practical Nurse (LPN)*

Clinical Rotations: Pediatrics 100 hours, Obstetrics 90 hours, Cardio-thoracic 110 hours

## SKILLS

Blood Administration ..... <i>Experienced</i>	Quality Assurance and Process Improvement ..... <i>Experienced</i>
Lab Testing ..... <i>Experienced</i>	Nursing Leadership ..... <i>Experienced</i>
IV Therapy ..... <i>Experienced</i>	Rehabilitation ..... <i>Experienced</i>
Observation ..... <i>Experienced</i>	Surgery Preparation ..... <i>Experienced</i>
Care Planning ..... <i>Experienced</i>	Advanced Medical Technologies and Equipment ..... <i>Experienced</i>
Infection Control ..... <i>Experienced</i>	Patient Advocacy ..... <i>Experienced</i>
Electronic Charting ..... <i>Experienced</i>	Wound Irrigation ..... <i>Experienced</i>

## COURSES

❖ **Basic Life Support (BLS) for Healthcare Providers, American Heart Association** ..... Jan 2018 — Jun 2018  
*Mecosta Medical Center, Traverse City*

❖ **Progressive Care Certified Nurse (PCCN),** ..... Jan 2017 — Jan 2017  
*District of Columbia Nurses Association (DCNA)*

## LANGUAGES

English, French, German ..... *Native speaker*