

Amber Heard, Staff Nurse

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Place of birth	San Antonio	Driving license	Full
Nationality	American		

LINKS [Linkedin](#), [Twitter](#)

PROFILE

Staff Nurse RN with a Master's Degree in Pediatric Nursing and 12 years of experience gained in developing countries working at fields hospitals, rural clinics and community health centers. A real passion for children's well-being supported by exemplary skills in clinical patient care, from diagnosis to operative, to rehabilitation planning. Spearheaded a community awareness program to educate people regarding Malaria prevention. Fluent in four African Languages as well as French and German.

EMPLOYMENT HISTORY

Jan 2019 — Present **Staff Nurse III, St John's Hospital** Seattle

Acted as Charge Nurse evaluating staff requirements and patient care assignments for an 89-bed medical intensive care unit.

- Provide high-level nursing care to patients and monitor junior nurses during ward rounds
- Performs various diagnostic tests and administer medications
- Assist physician with procedures performed in the ward and participate in discussions for treatment plans
- Perform duties of theatre nurse such as laying out instruments, checking operating room equipment such as heart rate monitors and blood pressure machines
- Keep track of patient progress and post-op recovery and record vital signs such as blood pressure, heart rate, oxygen saturation and urine output
- Discharge patients upon physicians' approval
- Counsel and support family members of critically ill patients
- Promote patients' independence by educating them and their family members regarding self-care, medicine intake, and potential side effects
- Perform high-level administration and reporting tasks

Jan 2015 — Dec 2018 **Staff Nurse II, Brooklyn Community Hospital** Brooklyn

Provided responsive, compassionate, patient-centered care daily to the cardiac ward with a caseload of up to 80 patients per shift cycle.

- Provide professional nursing care to patients including moderately complex procedures such as inserting catheters and stents
- Check recordkeeping of junior nurses regarding patient's recovery and progress
- Perform basic diagnostic tests
- Prep patients for physician visits and lay out instruments and equipment to be used
- Update patient's medical records
- Discuss treatment plans with patient and family members
- Inform patient regarding medicine usage and expected side effects
- Perform complex administration and reporting tasks

Oct 2019 — Oct 2019 **Staff Nurse I, Virginia Military Rehab Center** Langley

Spearheaded the automation of admissions and discharge procedures which reduce processing time from 45 minutes to 15 minutes.

- Provides primary nursing care to patients like washing, taking blood pressure and feeding
- Assist patients with completing admission and discharging forms
- Accompany senior nurse on ward rounds
- Keep a record of medication administering frequencies
- Check IV's and blood pressure at predetermine frequencies
- Prep patients for theatre procedures
- Perform basic administration and reporting tasks

EDUCATION

Oct 2019 — Present	Master of Science Degree in Nursing, Joliet University	Chicago
Jan 2014 — Jun 2016	Bachelor of Applied Science in Nursing (RN), University of California	New Parkland
Oct 2019 — Oct 2019	Licensed Practical Nurse (LPN), American Nurses Association Programme, St John's Hospital Clinical Rotations: Pediatrics 100 hours, Obstetrics 90 hours, Cardio-thoracic 110 hours	Seattle

SKILLS

Blood Administration	Experienced	Quality Assurance and Process Improvement	Experienced
Lab Testing	Experienced	Nursing Leadership	Experienced
IV Therapy	Experienced	Rehabilitation	Experienced
Observation	Experienced	Surgery Preparation	Experienced
Care Planning	Experienced	Advanced Medical Technologies and Equipment	Experienced
Infection Control	Experienced	Patient Advocacy	Experienced
Electronic Charting	Experienced	Wound Irrigation	Experienced

COURSES

Jan 2018 — Jun 2018	Basic Life Support (BLS) for Healthcare Providers, American Heart Association, Mecosta Medical Center, Traverse City
Jan 2017 — Jan 2017	Progressive Care Certified Nurse (PCCN), , District of Columbia Nurses Association (DCNA)

LANGUAGES

English, French, German	Native speaker
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