



Ryan McCormack

Sous Chef

Los Angeles, United States email@email.com

Profile

Certified Sous Chef and food passionista with eight years of experience in creating innovative menu items with a focus on fusion and vegan cuisine. Comfortable in fast-paced kitchen environments supervising up to fifteen Line Cooks at a time. Excellent grasp of visual aesthetics related to food garnishing and plating. Currently completing a Bachelors Degree in Sustainable Food Production with a focus on urbanizes agriculture for fruits, vegetables, and herbs.

Employment History

Jan 2016 — Aug 2019

Buffalo

Head Sous Chef at French Infusions

Applied a paid by the hour remuneration policy which reduced labor costs from 44% to 30% of the total operations budget.

- Oversee the maintenance schedules of equipment, machinery, and tools and troubleshoot any issues with the maintenance technician
- Approve new hires and ensure that training and induction of employees are conducted according to the restaurant's policy manual
- Responsible for menu design, pricing and portioning of dishes
- Test and tweak new menu items before they are included in the national menu
- Sample all dishes during the cooking process and inspect all items for visual aesthetics before they are served
- Implement new systems and processes to increase the operational efficiency of kitchen workers and reduce food wastage levels
- Responsible for ad hoc financial management and budgetary controls

Jan 2015 — Dec 2015

Raleigh

Sous Chef at Wellington's Grill House

Decreased food costs by 35% after implementing a local first policy regarding sourcing and purchasing of supplies and fresh produce.

- Teach new hires the basics around most used culinary techniques in terms of prepping coldline and hotline food items
- Oversee Line Cooks' activities in the preparation of large quantities of dishes including a la carte and buffet menu items
- Train all Station Cooks on multiple culinary techniques as per their assigned station and conduct tastings to review the quality, flavor, texture, and taste of these items

Details

1515 Pacific Ave

Los Angeles, CA 90291,
United States

(541) 754-3010

Place of birth

San Antonio

Nationality

American

Driving license

Full

Links

Pinterest

Instagram

DropBox

Skills

Food Safety &
Sanitation

Batch Cooking

Regulatory Compliance
& Documentation

Food Cost Control

Butchery Skills

Scheduling

Well-tuned Palette

Heat Control

Food Service
Management

Kitchen Process Flow

Cordon Bleu

Menu Design

Plating Techniques

- Prepare and create complicated dishes such as soufflés and gourmet soups

Portion Sizing,
Precision, Presentation

International Cooking
Trends

Local Food Culture

Decoration Template
Design

Knife Techniques

Seasoning & Spicing

Inventory Rotation

Staff Development &
Training

Performance
Evaluations

Station Control

Hiring & Recruitment

Languages

English, French,
German



Jan 2013 — Dec 2014

New York

Junior Sous Chef at Vindigo's Hotel Group

Implemented a room service program in all five sections of the resort with a diverse meal and snack menu, available 24 hours which increased food sales by 40%.

- Prepare, season, and cook a wide variety of dishes such as meats, fish, poultry, vegetables, salads, and desserts according to recipe specifications
- Assist with pricing and planning of menu items aligned with market prices, portion sizes and seasonal availability
- Responsible for detailed record-keeping regarding food costing, food usage, and food wastage levels
- Conduct extensive research to create innovative dishes as per the restaurant theme as well as trending ways to garnish and decorate them

Education

Aug 2018 — Aug 2019

Springfield

American Culinary Federation

Certified Sous Chef

- 5000 hours of practical training completed
- 150 culinary credits obtained

Jan 2013 — Dec 2014

San Francisco

California Culinary Academy

Associate's Degree in Culinary Arts

Course Curriculum: Nutrition, Baking, Pastry, Meat Science, Food Safety, Hospitality Management

Jan 2010 — Dec 2010

Brooklyn

Institute of Culinary Education

Advanced Certificate in Baking and Pastry Arts

Jan 2008 — Dec 2010

Boulder

Auguste Escoffier School of Culinary Arts

Diploma in Culinary Arts

Courses

Jan 2019 — Mar 2019

Italian Cooking Fundamentals Course at-
Skirball Cultural Center, Brentwood

Feb 2017 — Mar 2017

Sous Chef Boot Camp for Policy and Change
at James Beard Foundation, Manhattan

Jun 2012 – Oct 2012

Certified Member at American Culinary
Foundation, Online

Jul 2011 – Jul 2011

Accredited Platinum Member at Private
Chef Institute & Association, Online