



Ryan McCormack, Sous Chef

LOS ANGELES, CA 90291, UNITED STATES --
email@email.com

DETAILS

1515 Pacific Ave
Los Angeles, CA 90291,
United States
(541) 754-3010

PLACE OF BIRTH

San Antonio

NATIONALITY

American

DRIVING LICENSE

Full

LINKS

[Pinterest](#)

[Instagram](#)

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SKILLS

Food Safety & Sanitation

Batch Cooking

Regulatory Compliance
& Documentation

Food Cost Control

Butchery Skills

Scheduling

Well-tuned Palette

Heat Control

Food Service
Management

Kitchen Process Flow

Cordon Bleu

Menu Design

Plating Techniques

Portion Sizing, Precision,
Presentation

PROFILE

Certified Sous Chef and food passionista with eight years of experience in creating innovative menu items with a focus on fusion and vegan cuisine. Comfortable in fast-paced kitchen environments supervising up to fifteen Line Cooks at a time. Excellent grasp of visual aesthetics related to food garnishing and plating. Currently completing a Bachelors Degree in Sustainable Food Production with a focus on urbanizes agriculture for fruits, vegetables, and herbs.

EMPLOYMENT HISTORY

Head Sous Chef, French Infusions

Jan 2016 — Aug 2019, Buffalo

Applied a paid by the hour remuneration policy which reduced labor costs from 44% to 30% of the total operations budget.

- Oversee the maintenance schedules of equipment, machinery, and tools and troubleshoot any issues with the maintenance technician
- Approve new hires and ensure that training and induction of employees are conducted according to the restaurant's policy manual
- Responsible for menu design, pricing and portioning of dishes
- Test and tweak new menu items before they are included in the national menu
- Sample all dishes during the cooking process and inspect all items for visual aesthetics before they are served
- Implement new systems and processes to increase the operational efficiency of kitchen workers and reduce food wastage levels
- Responsible for ad hoc financial management and budgetary controls

Sous Chef, Wellington's Grill House

Jan 2015 — Dec 2015, Raleigh

Decreased food costs by 35% after implementing a local first policy regarding sourcing and purchasing of supplies and fresh produce.

- Teach new hires the basics around most used culinary techniques in terms of prepping coldline and hotline food items
- Oversee Line Cooks' activities in the preparation of large quantities of dishes including a la carte and buffet menu items
- Train all Station Cooks on multiple culinary techniques as per their assigned station and conduct tastings to review the quality, flavor, texture, and taste of these items
- Prepare and create complicated dishes such as soufflés and gourmet soups

Junior Sous Chef, Vindigo's Hotel Group

Jan 2013 — Dec 2014, New York

Implemented a room service program in all five sections of the resort with a diverse meal and snack menu, available 24 hours which increased food sales by 40%.

- Prepare, season, and cook a wide variety of dishes such as meats, fish, poultry, vegetables, salads, and desserts according to recipe specifications
- Assist with pricing and planning of menu items aligned with market prices, portion sizes and seasonal availability
- Responsible for detailed record-keeping regarding food costing, food usage, and food wastage levels
- Conduct extensive research to create innovative dishes as per the restaurant theme as well as trending ways to garnish and decorate them

International Cooking Trends

Local Food Culture

Decoration Template Design

Knife Techniques

Seasoning & Spicing

Inventory Rotation

Staff Development & Training

Performance Evaluations

Station Control

Hiring & Recruitment

EDUCATION

American Culinary Federation, Certified Sous Chef

Aug 2018 — Aug 2019, Springfield

- 5000 hours of practical training completed
- 150 culinary credits obtained

California Culinary Academy, Associate's Degree in Culinary Arts

Jan 2013 — Dec 2014, San Francisco

Course Curriculum: Nutrition, Baking, Pastry, Meat Science, Food Safety, Hospitality Management

Institute of Culinary Education, Advanced Certificate in Baking and Pastry Arts

Jan 2010 — Dec 2010, Brooklyn

Auguste Escoffier School of Culinary Arts, Diploma in Culinary Arts

Jan 2008 — Dec 2010, Boulder

LANGUAGES

English, French, German

COURSES

Italian Cooking Fundamentals Course, Skirball Cultural Center, Brentwood

Jan 2019 — Mar 2019

Sous Chef Boot Camp for Policy and Change, James Beard Foundation, Manhattan

Feb 2017 — Mar 2017

Certified Member, American Culinary Foundation, Online

Jun 2012 — Oct 2012

Accredited Platinum Member, Private Chef Institute & Association, Online

Jul 2011 — Jul 2011