

# Victoria Robinson

Lifeguard



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## Profile

*Certified Beach Lifeguard in mint physical condition and over a decade of experience in multiple swimmer rescue operations and maintaining swimmer safety in overcrowded beach settings. Excellent knowledge of wave patterns, rip currents, and tide schedules. Works well with children of all ages and also conducts informal swimming lessons during holiday periods. Advanced knowledge of first aid practices and holds a Master Diver Certification.*

## Employment History

Jan 2017 – Present

FLORIDA

### Senior Lifeguard

Jones Public Beach

*Supervise swimming activities of over 200 beachgoers with a zero-accident record achieved for the last 12 months.*

- Strategized various methods of rescue operations and water safety techniques
- Supervise junior lifeguards and check into each guarding station numerous times a day
- Facilitate single and multi swimmer rescue operations
- Monitor and patrol beach areas and demarcated swimming areas
- Administer CPR, First Aid and Stabilizing techniques in the case of near-drowning incidents or injuries
- Provide group swimming and basic water safety classes instructions
- In charge of advanced rescue and first aid equipment ensuring proper usage and maintenance practices are followed at all times
- Responsible for Lifeguard Training Academy and also the induction of new Lifeguards
- Compile work schedules, rosters and shifts to ensure adequate lifeguarding presence on the beach
- Conduct physical fitness assessments once per month

Jan 2016 – Dec 2016

CHICAGO

### Open Water Lifeguard

MSC Cruises

*Knowledge of defibrillators and advanced resuscitation techniques assisted in saving the lives of 4 heart attack victims.*

- Maintain a safe but enjoyable environment for guests
- Accountable for guest counts during ocean swimming activities
- Present swimming lessons in the pool and educate guests regarding water safety
- Responsible for scanning water surfaces and setting up safety demarcation nets to keep guest safe during open water swimming sessions

- Make sure that all swimmers are brought back onto the ship before nets are pulled from the water
- Administer first aid when injuries occur
- Monitor and record all incidents and submit daily reports to the ship's Safety Manager
- Participate in rotation schedule to clean and maintain all safety tools and equipment
- Use whistles, megaphones and verbal commands to communicate with bathers

Jan 2015 – Jun 2015

ORLANDO

## Pool Lifeguard

### Orlando Community Pool

*Helped four underprivileged kids to pass their basic water safety and Level I Lifeguard Certification.*

- Monitor swimmers inside the pool and surrounding areas
- Maintain a strict watch on swimmer activities and step in immediately when potentially dangerous activities occur
- Educate swimmers on the importance of water safety and also the rules and regulations to follow at the pool establishment
- Ensure a spotless swimming area to avoid any accidents.
- Ensure that all rules and regulations about swimming are followed by all.
- Provide lifesaving assistance in case of emergencies as well as first aid for injuries
- Advanced knowledge of passive/active spinal motion restriction (land and in-water)
- Present swimming lessons to children under 12
- Maintain the chemical balance of pool water

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## Education

Jun 2019 – Present

BROOKLYN

### Long Island University

#### Bachelor of Science in Sports Medicine

Expected Graduation: 2021

May 2018 – Jul 2018

MIAMI

### Starfish Aquatics Institute

#### Head Lifeguard Accreditation

Accumulated 650 supervisory water hours

Jun 2016 – Jun 2017

FLORIDA

### National CPR Foundation

#### Advanced First Aid Diploma

Jun 2015 – Nov 2015

ORLANDO

### American Red Cross

#### Lifeguarding and Water Safety Certification

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## Skills

10:20 System (Scanning)	Beach Patrol
Rescue Cans, Tubes, and Boards	Weather Forecasting
Trauma Bags & Pre-Hospital Trauma Readiness	Advanced Rescue Techniques
Risk Assessment	Whistles, Megaphones, and Two-Way Radios
Rescue Buoys & Lifebuoys Personal Watercraft & Off-Road Vehicles	Supplemental Oxygen, Automated External Defibrillators
Swimmer Identification	Basic Life Support (BLS), CPR & First Aid

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## Courses

May 2017 – May 2017

**Completed Fitness Assessment**  
National Aquatic Safety Company, (NASCO), TX

Nov 2016 – Nov 2016

**Advanced Life Saving Techniques Course**  
United States Lifesaving Association (USLA), CA

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## Languages

English, Spanish, German 