



# Victoria Robinson

Lifeguard

## Profile

*Certified Beach Lifeguard in mint physical condition and over a decade of experience in multiple swimmer rescue operations and maintaining swimmer safety in overcrowded beach settings. Excellent knowledge of wave patterns, rip currents, and tide schedules. Works well with children of all ages and also conducts informal swimming lessons during holiday periods. Advanced knowledge of first aid practices and holds a Master Diver Certification.*

## Employment History

### Senior Lifeguard at Jones Public Beach, Florida

January 2017 — Present

*Supervise swimming activities of over 200 beachgoers with a zero-accident record achieved for the last 12 months.*

- Strategized various methods of rescue operations and water safety techniques
- Supervise junior lifeguards and check into each guarding station numerous times a day
- Facilitate single and multi swimmer rescue operations
- Monitor and patrol beach areas and demarcated swimming areas
- Administer CPR, First Aid and Stabilizing techniques in the case of near-drowning incidents or injuries
- Provide group swimming and basic water safety classes instructions
- In charge of advanced rescue and first aid equipment ensuring proper usage and maintenance practices are followed at all times
- Responsible for Lifeguard Training Academy and also the induction of new Lifeguards
- Compile work schedules, rosters and shifts to ensure adequate lifeguarding presence on the beach
- Conduct physical fitness assessments once per month

### Open Water Lifeguard at MSC Cruises, Chicago

January 2016 — December 2016

*Knowledge of defibrillators and advanced resuscitation techniques assisted in saving the lives of 4 heart attack victims.*

- Maintain a safe but enjoyable environment for guests
- Accountable for guest counts during ocean swimming activities
- Present swimming lessons in the pool and educate guests regarding water safety
- Responsible for scanning water surfaces and setting up safety demarcation nets to keep guest safe during open water swimming sessions
- Make sure that all swimmers are brought back onto the ship before nets are pulled from the water
- Administer first aid when injuries occur

## Details

1515 Pacific Ave, Los Angeles, CA 90291, United States, (541) 754-3010

[email@email.com](mailto:email@email.com)

Place of birth

San Antonio

Nationality

American

Driving license

Full

## Links

[Twitter](#)

[Facebook](#)

[Instagram](#)

## Skills

10:20 System (Scanning)

Rescue Cans, Tubes, and Boards

Trauma Bags & Pre-Hospital Trauma Readiness

Risk Assessment

Rescue Buoys & Lifebuoys

Personal Watercraft & Off-Road Vehicles

Swimmer Identification

Beach Patrol

Weather Forecasting

Advanced Rescue Techniques

Whistles, Megaphones, and Two-Way Radios

Supplemental Oxygen, Automated External Defibrillators

Basic Life Support (BLS), CPR & First Aid

- Monitor and record all incidents and submit daily reports to the ship's Safety Manager
- Participate in rotation schedule to clean and maintain all safety tools and equipment
- Use whistles, megaphones and verbal commands to communicate with bathers

## Languages

English, Spanish, German

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### Pool Lifeguard at Orlando Community Pool, Orlando

January 2015 — June 2015

*Helped four underprivileged kids to pass their basic water safety and Level I Lifeguard Certification.*

- Monitor swimmers inside the pool and surrounding areas
- Maintain a strict watch on swimmer activities and step in immediately when potentially dangerous activities occur
- Educate swimmers on the importance of water safety and also the rules and regulations to follow at the pool establishment
- Ensure a spotless swimming area to avoid any accidents.
- Ensure that all rules and regulations about swimming are followed by all.
- Provide lifesaving assistance in case of emergencies as well as first aid for injuries
- Advanced knowledge of passive/active spinal motion restriction (land and in-water)
- Present swimming lessons to children under 12
- Maintain the chemical balance of pool water

## 🎓 Education

### Bachelor of Science in Sports Medicine, Long Island University, Brooklyn

June 2019 — Present

Expected Graduation: 2021

### Head Lifeguard Accreditation, Starfish Aquatics Institute, Miami

May 2018 — July 2018

Accumulated 650 supervisory water hours

### Advanced First Aid Diploma, National CPR Foundation, Florida

June 2016 — June 2017

### Lifeguarding and Water Safety Certification, American Red Cross, Orlando

June 2015 — November 2015

## 🎓 Courses

### Completed Fitness Assessment, National Aquatic Safety Company, (NASCO), TX

May 2017 — May 2017

**Advanced Life Saving Techniques Course, United States Lifesaving Association (USLA), CA**

November 2016 — November 2016