

Rachel Zane



Home Health Aide

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Email	example@email.com	Date / Place of birth	1989/20/03 / New York
Nationality	USA	Driving license	Full

01 PROFILE

A loving, caring and hardworking Home Health Aide with 3 years experience in supporting and nursing elderly patients. My main focus is to connect with patients and their families on a personal level, to gain their trust so I can make them feel safe and comfortable.

02 EMPLOYMENT HISTORY

02/2016 – Present

Home Health Aide at Angel Home Care

New York

As a Home Health Aide I proudly provide (medical) services to those in need of care in New York City by offering a complete range of personal support, nursing and companionship services. I provide 8 patients per shift with one-on-one care in the privacy and comfort of their house or senior living community:

- Provide direct and indirect patient care under the direction of a nurse supervisor
- Transport patients via wheelchair or accompany ambulatory patients
- Transfer and offer assistance during transferring of patients into and out of wheelchairs, toilet, bed and other equipment
- Assist therapeutic recreation staff as requested with recreational activities including assisting with setup/cleanup of activities and groups
- Provide basic medical services that include changing bandages, checking vital signs like temperature and pulse and administering medications
- Assist patients requiring help with feeding, toileting and all other ADL care
- Perform general maintenance such as: setting up/storage of equipment, cleaning/dusting of equipment as needed and maintaining cabinets and storage areas

04/2013 – 01/2016

Office Clerk at The Adecco Group

New York

As an Office Clerk, my core activities included:

- Co-ordinating and maintaining staff administrative records such as staff parking, staff phones and company credit cards.
- Distributing emails and the rate of correspondence reduced by 42%
- Served customers by backing-up receptionist; answering questions; forwarding messages; confirming customer orders; and keeping customers informed of order status.
- Acting as an information and communication distributor for the office, which contributed to work efficiency.

My ambition to have a rewarding job that provides a sense of accomplishment, joy and gratification made me switch careers. I love to work with people.

03 SKILLS

Effective communication

Reliable

Caring and patient-oriented

Attention to detail

Able to multitask

Good listener

04 EDUCATION

02/2016

Certification in First Aid and CPR

12/2015 – 02/2016

Certified Home Health Aide training

2011

St. Joseph's College New York

New York

Marketing, Public Relations and Advertising Certificate

2007 – 2011

Walter Panas High School, Cortlandt Manor

New York

High School Diploma

05 HOBBIES

Reading, walking, cooking